

	Sacrament	Requirement	Remarks
Sacraments of initiation into church	Baptism	The use of water, either by total unintension or intension	Nothing other than water
	Holy Eucharist	Wheat bread and grape wine only to be used	Rice cake or grape juice is not valid, etc.
	Confirmation	only olive oil to be used	No coconut oil
Sacraments of healing	Anointing of Sick	only olive oil to be used	
	Penance as confession or reconciliation		
Sacraments of holy orders	Matrimony	Man and woman	No unisex allowed
	Holy Orders	a baptized male	No female allowed

**The Creed**  
*(What Catholic Believes)*  
 Article 1 through 1065 of the Catechism of Catholic Church.  
 Formal statement of religion believe that summarizes the essential tenants and doctrine of the religion  
 Generated from first century A.D. (apostolic era)

**The Seven Sacraments**  
*(How Catholic worship God)*  
 Articles 1066 through 1690 of the Catechism of the Catholic Church.  
 Public worship of the believers (Liturgy) as celebrated in the official rituals and ceremonies.  
 The supernatural grace from God, which is invisible, is symbolized by the tangible element that in necessary for the sacrament to be valid.  
 Through the sacrament we can realize the invisible reality of the divine grace.

**The Ten Commandments**  
*(How Catholic Behave)*  
 Articles 1691 through 2557 of the Catechism of the Catholic Church.  
 Springboard for moral reaching and ethical behavior for the believer.

**Lord's Prayer**  
*(Catholic Relationship with God)*  
 Articles 2558 through 2865 of the Catechism conclude the book with the our father (Lord's Prayer)  
 Perfect prayer, given by Christ himself. Launching pad to discover other forms of prayer.

See note 1

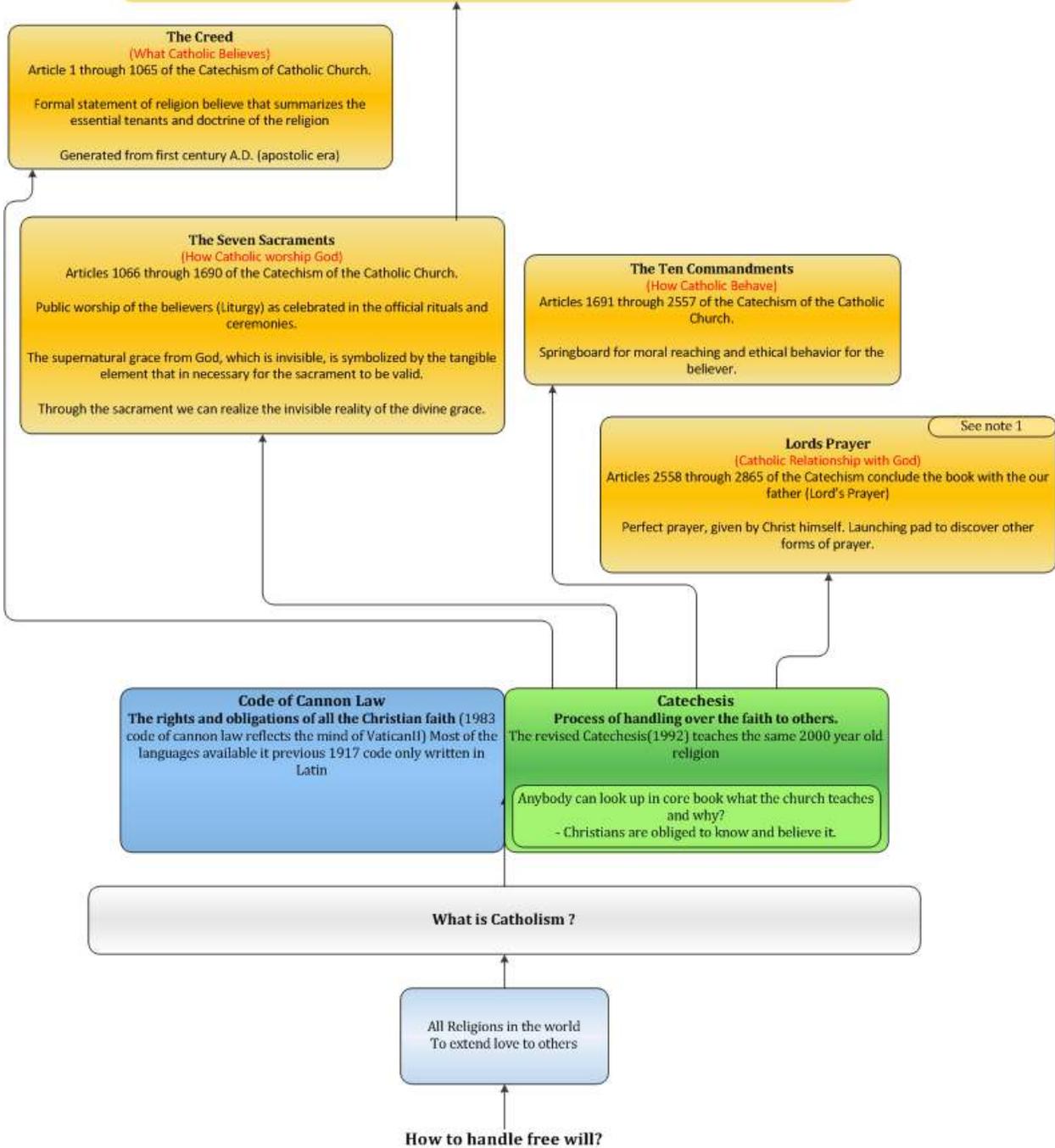
**Code of Canon Law**  
**The rights and obligations of all the Christian faith** (1983 code of cannon law reflects the mind of VaticanII) Most of the languages available it previous 1917 code only written in Latin

**Catechesis**  
**Process of handing over the faith to others.**  
 The revised Catechesis(1992) teaches the same 2000 year old religion  
 Anybody can look up in core book what the church teaches and why?  
 - Christians are obliged to know and believe it.

**What is Catholicism ?**

All Religions in the world  
 To extend love to others

**How to handle free will?**



## Note 1

### Moving the Catholic Church into the Modern Era

#### **Types of Prayers:**

Prayer is seen as communication with God but it is a two-way dialogue. God gives us insights and grace and we offer adoration (praise) petition (inter-cession), gratitude (thanksgiving), or contrition (sorrow). These are the traditional four types of prayer a human being offers to God. We can adore and praise him; we can thank him; we can express regret and sorrow for offending him; and we can ask him for help, for ourselves or others.

#### **Catholic customs to praying to saints:**

The catechism of the Catholic Church also delineates vocal and mental prayer, formal and spontaneous and other varieties of communicating with the Divine. Reading the Bible is as much a prayer as quietly meditating in a church or chapel. Intercessory prayer, where someone asks God's help for someone else, is not only encouraged but also used to explain the Catholic custom of praying to the saints. The First Commandment forbids giving worship or adoration to anyone or anything other than God himself.

#### **Prayers of Petitions:**

Yet, adoration is only one form of prayer. There is also intercession or petition, where someone asks for help. There is no worship being done, just a request being made. Because living people have no trouble asking each other for prayers, like "I'm having surgery tomorrow. Could you pray for me?" No one objects or interprets it as if the person making the request is circumventing Christ as sole Mediator. Even the Gospels have other people making intercession on behalf of others. When the daughter of Jairus, a synagogue official, is deathly ill, her dad goes to Jesus and makes intercession on her behalf that she be healed (Luke 8:40-56). His request is granted, and Jesus heals the little girl even though she has died. Likewise, when the Roman Centurion approached Jesus in Matthew 8:5-13, he also made a prayer of inter-cession (petition) on behalf of another, his servant, that he, too, be healed. That request was equally granted.

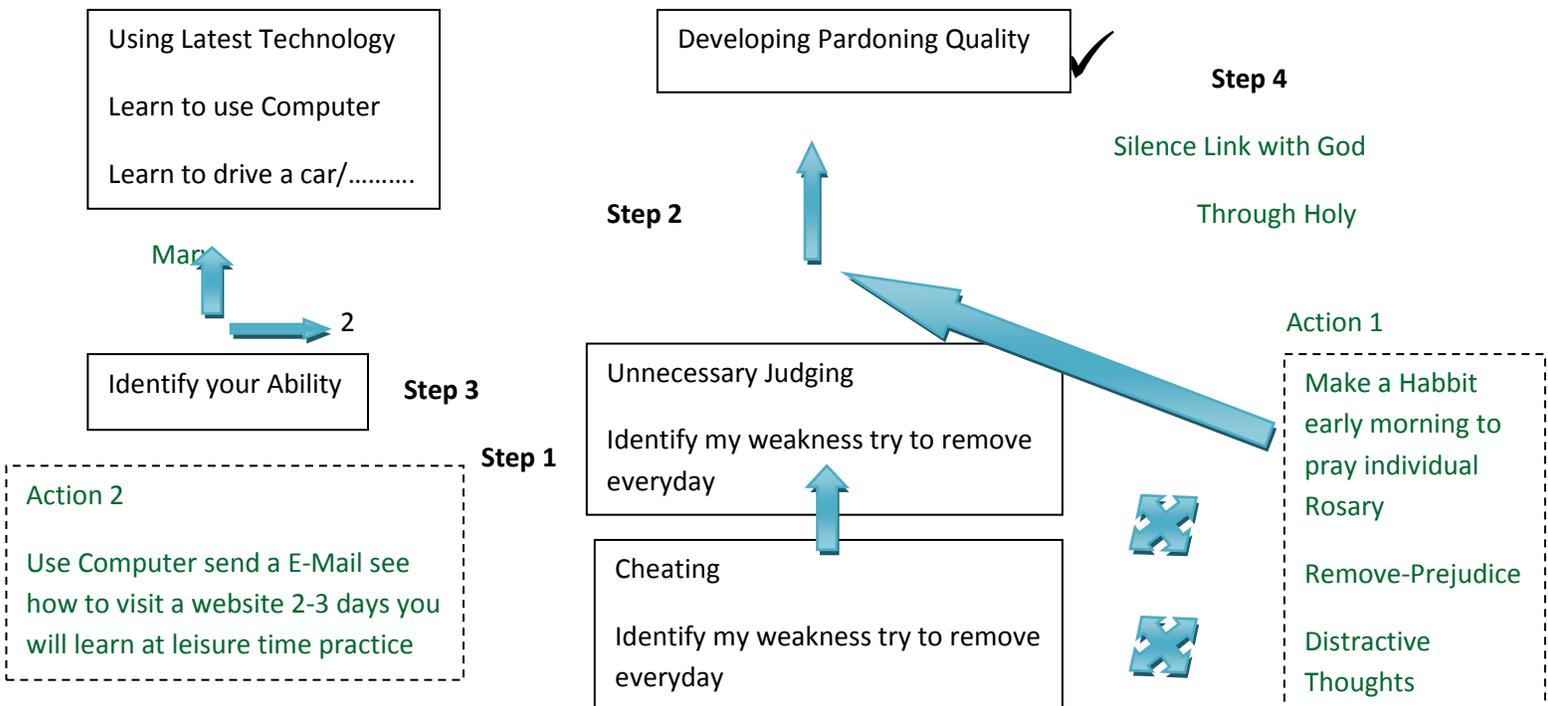
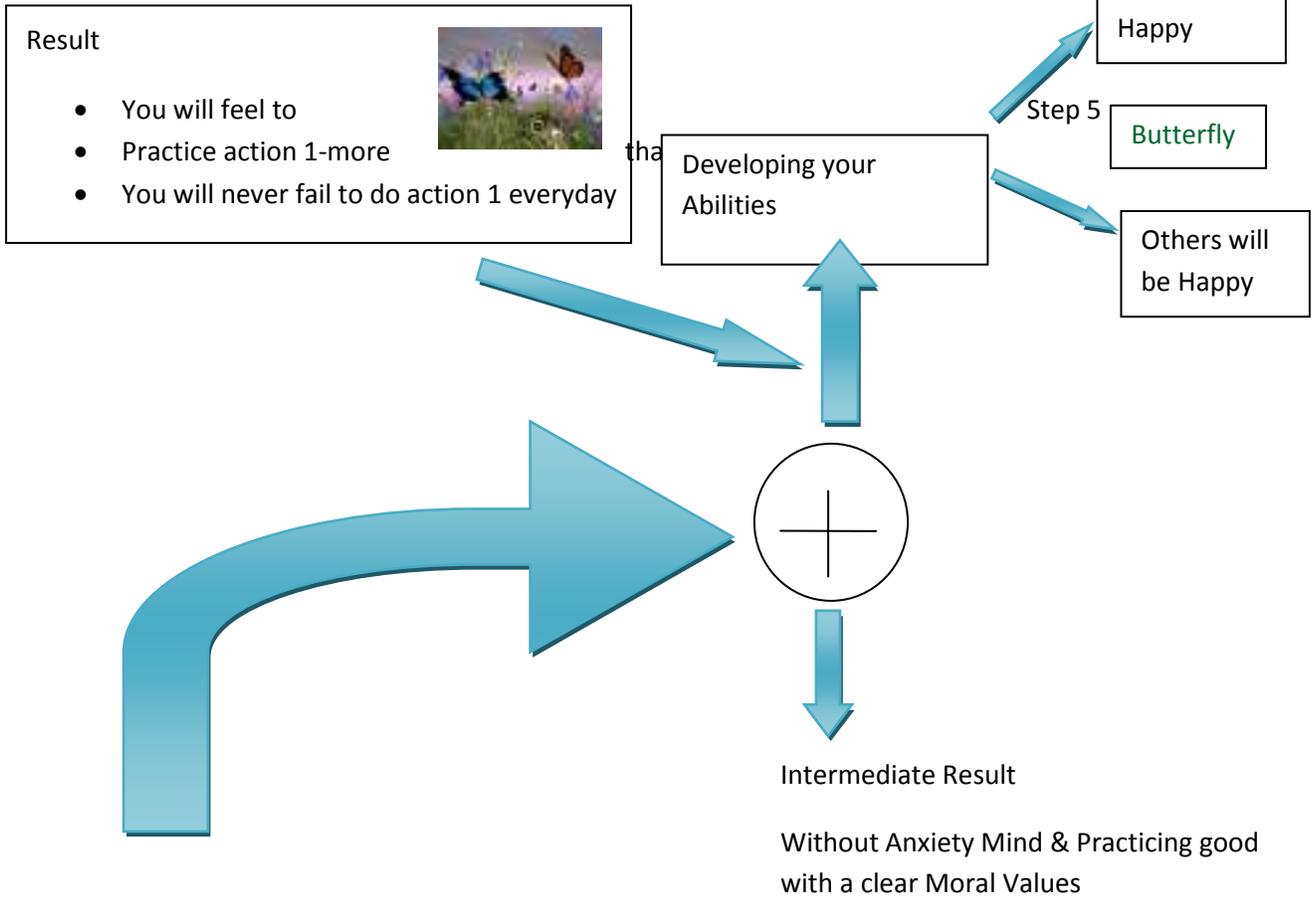
#### **Adoration and Intercessions:**

The catechism then points out that the saints in heaven, including the Virgin Mary, the Mother of Christ, can intercede for the living on Earth with their prayers just as you and I can do for each other. Praying to the saints is not adoration or worship, merely asking for their intercession that they pray to the one Mediator, Christ, on our behalf. The connection between

the living on Earth, the saints in heaven, and the deceased souls is called the Communion of Saints.

## Summary of Actions to be Happy

(Become a Butterfly)



## Virginity and Love – The difference between spark and the flame

Those who live by what Our Lord calls the **“spirit of the world”** are radically incapable of understanding anything done by others out of the spirit of Christ, Who said, **“I have taken you out of the world, therefore the world will have you” (John 15:19)**. When the world hears of a young girl entering the convent, it asks: **“Was she disappointed in love?”** The best answer to that inanity is: “yes! But it was not a man’s love that disappointed her, but the world’s love.” Actually, a young girl enters the convent because she has fallen in love: **she is in love with Love Itself, which is God**. The world can understand why one should **love the sparks**, but it cannot’ understand **why one should love the Flame**. It is comprehensible that one should love the flesh that fades and dies, but incomprehensible that one should love with **“passionless passion and wild tranquility”** the Love which is Eternal.

Wish you a Happy Missionary Life!

*From*

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